

Wildcat Invite Penalties & Rules

A five point penalty will be assessed to teams violating any of the below rules.

- **Time Limits (max)**
 - Scholastic Solos & Ensembles (1:30) one minute and thirty seconds
 - Scholastic Team Routines (2:30) two minutes and thirty seconds (minimum of 1:45)
 - All Studio Routines (solo, ensemble and team) have a (3:00) three minute maximum.
- **Props**

Props are allowed. Participants must refer to and follow all WACPC and NFHS rules regarding props. Please pay close attention to the props as bases rules if that applies to your routine.
- **Costuming/Jewelry**

Please keep costuming appropriate for all ages. Please follow all WACPC and NFHS guidelines. Shoes must be worn on both feet.
- **Music/Choreography**

Anything that is suggestive, offensive, vulgar, and inappropriate for family audiences is not allowed. Please see the music time maximums noted above.
- **Kick Counts**

WACPC Kick count rules will be followed, based on age group and if the team is connecting arms while kicking or not. Please see the WACPC website for more info.
- **In the Hole/On Deck Reporting**

We will have hallway volunteers escorting teams to the gym for their safety, once the hallway is clear from the team before them. We will need teams to be ready at their assigned times to keep this possibly slower moving schedule on time. There will be a penalty for teams disregarding the instructions of the hallway coordinators.

Tumbling/Lifts/Tricks

Please refer to the WACPC & NFHS rules for tumbling, and tricks. *Please note - we will not be giving these type of violations at the competition, however, warnings and notes will be given to ensure that things can be changed before Regionals and State.

Masks

We will be following any school, local and WACPC COVID-19 mitigation rules. At this time there is no mask requirement for athletes or spectators, nor is there a distancing requirement, or a spectator limit.